

Number of Teaching Hours in Year 1 of Opening

KS 1, 2 & 3	Monday – Thursday			Friday			
	8.45-9.00	Arrival	Main Focus	Time	8.45-9.00	Arrival	Main Focus
9.00-9.30	Registration and readiness to learn/ personalised programmes	PSHE & Daily Mile Wellbeing, daily mile	15 mins PSHE 15 min PE	9.00-9.30	Registration and readiness to learn/ personalised programmes	PSHE & Daily Mile Wellbeing, daily mile	15 mins PSHE 15 min PE
9.30-10.15	Lesson 1:	Maths	45 mins Maths	9.30-10.15	Lesson 1:	Maths	45 mins Maths
10.15 – 10.30	Break		15 mins PAL/PE	10.15 – 10.30	Break		15 mins PAL/PE
10.30-10.45	Communication (healthy lives)	English (communication) Wellbeing	15 mins Communication	10.30-10.45	Communication (healthy lives)	English (communication) Wellbeing	15 mins Communication
10.45 – 11.30	Lesson 2:	English (1 lesson per week will be PE)	45 mins English	10.45 – 11.30	Lesson 2:	English	45 mins English
11.30-11.45	Communication Session	English Communication (morning recap)	15 mins Communication	11.30-11.45	Communication Session	English Communication (morning recap)	15 mins Communication
11.45-12.45	Lunch inc access to lunch time clubs	Independent Life Skills	1 hour	11.45-12.45	Lunch inc access to lunch time clubs	Independent Life Skills	1 hour
12.45-1.00pm	Communication Session (relaxation)	English (communication) Wellbeing	15 mins Communication/ Wellbeing session	12.45-1.00pm	Communication Session (relaxation)	English (communication) Wellbeing	15 mins Communication/ Wellbeing session
1:00-2:45	Afternoon Lesson(s)	Project Based Learning x 2 or STEAM x 2	1 hour 45 min PBL/STEAM	1:00-1.45	Whole School Assembly	Celebration and World Studies	1 hour 45 min
2:45 – 3.00pm	Reflection Time: Communication time / story time / daily reflection	English - communication (Reflection)	15 mins Communication and reflection	1.45 – 2.45pm	Options	PSHE/PE/ART/STEAM/ Entrepreneurship	PSHE 1 hour
3.00pm – 4.00pm	Optional Enrichment activity			2:45 – 3.00pm	Reflection Time: Communication time / story time	English - communication (Reflection)	15 mins Communication and reflection
Area of Learning	English Incl - Communication	Maths (including STEAM x 2 per week)	Science	Project Based Learning	PE including daily mile and PAL breaktimes	Wellbeing and Thrive PSHE	Total Teaching Time per Week
Total Hours Per week	8 hours 30 minutes	3 hours 45 mins core + 1 hour STEAM = 4hours 45 mins	STEAM x 1 hour plus 1 hour PBL = 2 Hours total	3 hours 30mins	3 hours 30 mins	1 hour 15mins	23 hours and 30 minutes